

Rashtriya Bal Swasthya Karyakram

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Rashtriya Bal Swasthya Karyakram Latest News

Recently, the Ministry of Health and Family Welfare released the Rashtriya Bal Swasthya Karyakram (RBSK) 2.0 Guidelines.

About Rashtriya Bal Swasthya Karyakram

- It was launched in February, 2013 under the National **Rural Health Mission**.
- It is a program to improve the **overall quality of life of children** and provide comprehensive care to all the children in the community.
- **Target Group:** This program involves screening **of children from birth to 18 years of age** for four Ds- **Defects at birth, Diseases, Deficiencies and Development delays**.
- Under this programme, its **screening spans 32 common health** conditions for early detection and free treatment and management, including surgeries at tertiary level.
- **Major strategies followed are**
 - **Comprehensive newborn screening** – at delivery points to screen birth defects of the newborn

- **Community screening** at the **Anganwadi and Government schools** for children in the age **group 0 -18** years in convergence with Ministry of Women and Child Development and Ministry of Education
- **Screening of the newborns/infants** by ASHA through the HBNC/HBYC program as a part of Early Childhood Development
- Therapeutic management of the identified children at the District Early Intervention Centres (DEIC)

Key Feature of RBSK 2.0

- It has expanded screening scope, covering a wider range of conditions including,
 - Developmental disorders, **mental health issues, behavioural concerns**, lifestyle risks, risk factors for non-communicable diseases such as diabetes and hypertension, and additional conditions like kidney disorders,
- It has introduced **digital health cards, real-time data systems, and integrated platforms** for tracking, monitoring and service delivery.

Source: PIB

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