

Ginger

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Ginger Latest News

Recently, the Union Minister for Development of North Eastern Region (MDoNER) launched the ₹189.79-crore Mizoram Ginger Mission.

About Ginger

- It is an **herbaceous perennial** plant of the family **Zingiberaceae**.
- **Required Climatic Conditions**
 - **Climate:** It requires a warm and humid climate (up to an altitude of 1500m).
 - **Temperature:** The crop performs well in a temperature range of **19°C- 28°C**.
 - **Rainfall:** It requires moderate to **high rainfall of about 1,500-2,500 mm** per year or reliable irrigation.
 - Ginger **does not tolerate frost or prolonged drought**.
 - **Soil:** It requires loose, fertile, well-drained loam or sandy-loam soils rich in organic matter.

- **Largest Producer:** **India** is the largest producer of ginger and mainly in **Kerala, Orissa, Meghalaya**, West Bengal, and Arunachal Pradesh.
- **Uses:** It is the most widely used spice both for **flavouring and for medicinal purposes**. It is used in food preparations, confectionery, beverages, making ginger candy/ preserves.
- **Significance:** It contains a vast amount of **antioxidant compounds** which can be used to treat various **inflammatory conditions**.
 - Ginger supplementation significantly **reduces the levels of fasting blood sugar**, hemoglobin A1c, apolipoprotein B etc.

Source: DD News

Source: <https://vajiramandravi.com/current-affairs/ginger/>

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