

Autoimmune Blistering Diseases (AIBDs)

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Autoimmune Blistering Diseases (AIBDs) Latest News

A joint study by Punjabi University, Patiala, and PGIMER, Chandigarh, has developed artificial intelligence-based methods to aid diagnosis of Autoimmune Blistering Diseases (AIBDs).

About Autoimmune Blistering Diseases (AIBDs)

- Autoimmune Blistering Diseases (AIBDs), also called **autoimmune bullous disorders**, are a group of **rare skin diseases**.
- They happen when your **immune system attacks your skin and mucous membranes** — the **lining inside your mouth, nose, and other parts of your body**. This **causes blisters to form**.
- **Symptoms:**
 - The places on your body where blisters form depend on which disorder you have.
 - **Some AIBDs** cause **blisters to grow on the skin**.
 - **Other types** cause them to **form in the mucous membranes** that line the mouth, nose, throat, eyes, and genitals.

- They can be **painful or itchy**. They can **break open and leave a sore**.
- Although **rare**, AIBDs can be **severe and even life-threatening if untreated** because of:
 - **Extensive skin loss**
 - **Secondary infections**
 - **Nutritional deficiencies**
 - **Damage to mucous membranes and eyes**
- **Treatment** aims to **suppress the abnormal immune response** and **prevent new blister formation**:
 - **Corticosteroids**
 - **Immunosuppressive drugs**
 - Biologic therapies such as Rituximab
 - Wound care and infection prevention

Source: TOI

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