

Cyclosporiasis

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Cyclosporiasis Latest News

According to the U.S. The Centers for Disease Control and Prevention (CDC) has received reports of 1,645 confirmed domestic cases of cyclosporiasis since May 1.

About Cyclosporiasis

- It is a type of food poisoning caused by the **microscopic parasite, Cyclospora cayetanensis**.
- **Major Sources:** Cyclosporiasis outbreaks include **contaminated leafy greens**, lettuce, spinach, basil, cilantro, parsley, raspberries and snow peas.
- **Transmission:** It spreads through the **faeco-oral route**, which means that food or water contaminated by faeces containing the parasite causes the illness.
- It does **not spread from person to person**.
- **Symptoms**
 - The main symptom is **frequent, explosive, watery diarrhoea**.
 - Other symptoms include bloating, loss of appetite, stomach cramps, fatigue and even weight loss.

- **Risk:** Anyone can contract the infection. In children, the elderly and those with weak immune symptoms, the **infection may be severe.**
- **Treatment:** It is easily treatable with a **seven- to 10-day course of the antibiotic trimethoprim-sulfamethoxazole**, which disrupts the microbe's ability to produce the folic acid needed to replicate itself.
 - **Hydration** is also recommended.

Source: TH

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