

Norovirus

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Norovirus Latest News

Cases of norovirus, commonly known as the “winter vomiting disease,” have been rising in the United States in recent weeks.

About Norovirus

- It is a **common and highly contagious virus** that **causes inflammation in the stomach and intestines**, a condition known as **gastroenteritis**.
- It is also sometimes **referred to as the ‘stomach flu’** or the **‘winter vomiting bug’**.
- Norovirus outbreaks **usually happen** seasonally **in colder months**.
- **People of all ages can get infected** and sick with norovirus, which spreads very easily and quickly.
- These viruses are responsible for about **90% of viral gastroenteritis outbreaks** and **close to 50% of cases across the world**.
- You can **get norovirus illness many times in your life** because there are many different types of noroviruses.

- **Transmission:**

- You can get norovirus **from an infected person, contaminated food or water, or by touching contaminated surfaces.**
- Norovirus infection occurs most frequently in **closed and crowded environments.**
- **People infected** with norovirus are **contagious** from the **moment they begin feeling ill to at least 3 days after recovery.**

- **Symptoms:**

- Symptoms may include **vomiting, diarrhoea, stomach cramps, nausea,** fever, and tiredness.
- In **extreme cases, loss of fluids** could **lead to dehydration.**

- **Treatment:**

- **Most people recover completely without treatment.**
- **No vaccines** are currently available to prevent norovirus. **Treatment** for the infection **focuses on relieving your symptoms.**
- It is important to **maintain hydration** in the acute phase.
- In **extreme cases,** patients have to be **administered rehydration fluids intravenously.**

What is the Difference Between Norovirus and the Stomach Flu?

- Norovirus causes gastroenteritis, which some people may call the “stomach flu.”
- The influenza virus causes respiratory flu, not gastroenteritis.

Source: NDT

Source: <https://vajiramandravi.com/current-affairs/about-norovirus/>

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