

What is Ayush Visa?

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About Ayush Visa:

- It is specifically **designed for foreign nationals** looking to **receive medical treatment in India through traditional Indian systems of medicine**.
- This visa aims to **cater to those interested in** Ayurveda, Yoga, and other **traditional forms of therapeutic care** and wellness.
- **A new chapter, i.e. chapter 11A - Ayush Visa, has been incorporated** after Chapter 11 - Medical Visa of the Visa Manual, which **deals with treatment under the Indian systems of medicine** and accordingly, necessary **amendments have been made in various chapters of the Visa Manual, 2019**.

- The introduction of the Ayush Visa category is **part of the country's roadmap for the Heal in India initiative.**
- **Heal in India initiative:** It seeks to **provide “integrated and holistic treatment” to the world in India** and enhance **patient mobility for access to world-class, affordable and quality healthcare services”.**

What is AYUSH?

- AYUSH, which **stands for Ayurveda, Yoga, Unani, Naturopathy, Siddha and Homeopathy**, is an **acronym devised in 2003** to change the name of the Department of Indian Systems of Medicine and Homoeopathy (ISM & H).
 - ISM & H was created in March 1995 under the Ministry of Health and Family Welfare.
 - On November 9, 2014, the **government elevated AYUSH to a separate ministry.**
 - The **word AYUSH is derived from a Sanskrit phrase “ayusmanbhava” meaning long life.**
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Q1) What is Naturopathy?

Naturopathy is a holistic system of healthcare that emphasizes the use of natural remedies to promote health and healing. Naturopathic doctors (NDs) believe that the body has the ability to heal itself, and that they can help to facilitate this process by using natural methods.

Source: Ayush Visa introduced for foreign nationals seeking medical treatment in India

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