

What is Meniere's Disease?

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About Meniere's Disease:

- It is a **rare inner ear disorder**.
- **Cause:**
 - It is the **result of a build-up of fluid in the inner ear, called labyrinth**. It contains the organs of balancing and hearing.
 - **The fluid build-up** in the labyrinth **interferes with the normal balance and hearing signals** between the inner ear and the brain.
- It **can lead to severe dizziness (vertigo), ringing in the ears (tinnitus), hearing loss**, and a feeling of fullness or congestion in the ear.
- It **usually affects only one ear**.
- Ménière's disease **can develop at any age**, but it is more **likely to happen to adults between 40 and 60 years of age**.
- **Major Symptoms: Vertigo is the most debilitating symptom** and is a severe spinning sensation **that can cause:**
 - **Severe nausea;**
 - **Vomiting;**

- **Sweating;**
 - **Other symptoms may include:**
 - **Tinnitus** (ringing in the ears);
 - **Loss of hearing** or muffled hearing;
 - **Loss of the ability to hear low frequencies;**
 - **Pressure in the affected ear;**
 - **Loss of balance;**
 - **Left untreated, Ménière's disease symptoms get worse over time and may cause permanent hearing loss and ongoing balance problems.**
 - **Treatment: There is no cure, but lifestyle tips and medical treatments can help ease the symptoms.**
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Q1) What is nausea ?

Nausea is a distressing and uncomfortable sensation characterized by the urge to vomit. It is often accompanied by an unpleasant feeling in the stomach and a general sense of discomfort. Nausea is not a condition in itself but rather a symptom of an underlying issue, which can range from minor causes, such as motion sickness or overeating, to more serious medical conditions.

Source: [What Is Meniere's Disease? Why Is It In News? Explained](#)

Source: <https://vajiramandravi.com/current-affairs/menieres-disease/>

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