

World AIDS Day 2023

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About World AIDS Day

- It is observed every year on December 1 to spread awareness about HIV/AIDS.
- The day is an opportunity to end stigmas associated with this disease, and this day also honours people who lost their precious lives and engage in lives that support HIV/AIDS research and advanced treatment.
- It was first observed in 1988, when the World Health Organisation (WHO) recognised the day.
- The theme of World AIDS Day 2023 is "Let Communities Lead."

What is HIV/AIDS?

- Acquired immunodeficiency syndrome (AIDS) is a chronic, potentially life-threatening condition caused by the human immunodeficiency virus (HIV).
- HIV attacks the body's immune system, making a person more vulnerable to other infections and diseases.
- If HIV is not treated, it can lead to AIDS.
- Transmission:
 - It is a sexually transmitted infection (STI).

- It can also be spread by contact with infected blood, and from illicit injection drug use, or sharing needles.
 - It can also be spread from mother to child during pregnancy, childbirth, or breastfeeding.
 - Treatment:
 - There is currently no effective cure. Once people get HIV, they have it for life.
 - But with proper medical care, HIV can be controlled. People with HIV who get effective HIV treatment (called antiretroviral therapy, or ART) can live long, healthy lives and protect their partners.
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Q1) What is the World Health Organisation (WHO)?

The World Health Organization (WHO), established in 1948, is a specialized agency of the United Nations that connects nations, partners and people to promote health, keep the world safe and serve the vulnerable – so everyone, everywhere can attain the highest level of health.

Source: [World AIDS Day 2023: 12 common myths about HIV and AIDS busted, Key facts you need to know](#)

Source: <https://vajiramandravi.com/current-affairs/world-aids-day-2023/>

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