

Guru Padmasambhava

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About Guru Padmasambhava:

- Guru Padmasambhava, also known as **Guru Rinpoche**, lived in the eighth century in ancient India and one of the most-revered figures in Buddha Dhamma.
- He was known in Tibet as one of the founding **fathers of Tibetan Buddhism**, who appeared in Tibet in 749 A.D.
- He is credited with having spread the **message of Lord Buddha** to the countries and regions located in the Himalayan belt, including India, Nepal, Pakistan, Bhutan, Bangladesh and Tibet.
- He **was a Tantrist** and a member of the Yogācāra sect and taught at Nalanda, a centre of Buddhist studies in India.
- Guru Padmasambhava also represents a consolidation of many strands of culture ranging from **Yogic and Tantric practices to meditation**, art, music, dance, magic, folklore and religious teachings.

Key facts about International Buddhist Confederation

- It is a **Buddhist umbrella body** with its base in New Delhi that serves as a common platform for Buddhists worldwide.
 - It was established under the patronage of the supreme Buddhist religious hierarchy, IBC currently has a membership comprising more than 320 organisations, both monastic and lay, in 39 countries.
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Q1: What is Theravada?

It means “Teaching of the Elders”, is the most conservative and orthodox form of Buddhism. It emphasises attaining liberation from suffering through individual effort and meditation based on Buddha’s earliest teachings in the Pali Canon.

Source: [International Buddhist Confederation to organize a Two-day Conference at Nalanda, Bihar on the Life and Legacy of Guru Padmasambhava](#)

Source: <https://vajiramandravi.com/current-affairs/guru-padmasambhava/>

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