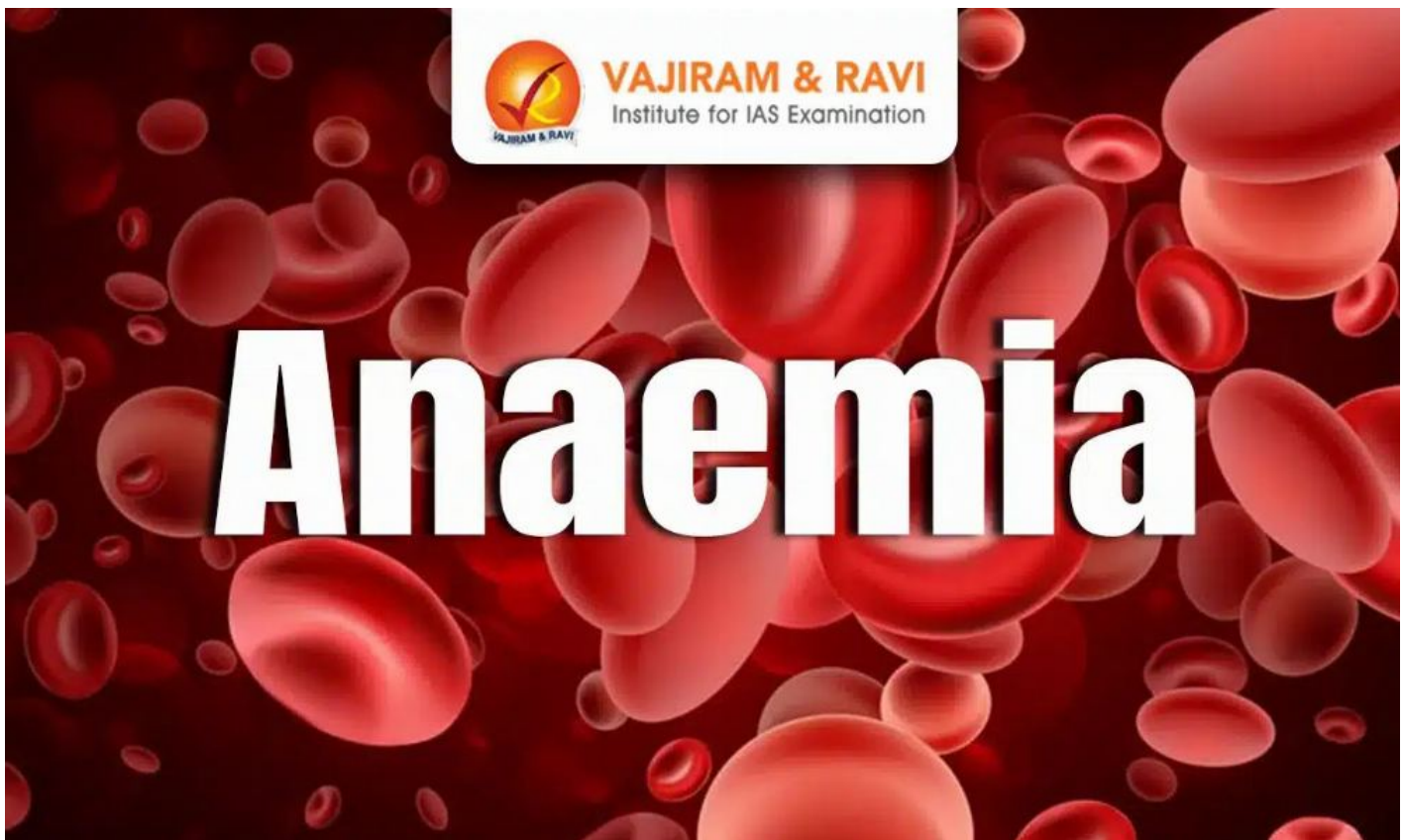


Anaemia

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Anaemia Latest News

According to a recent study conducted on women in the UK, being anaemic during pregnancy could be linked to a 47 percent higher chance of the child having a heart condition at birth.

About Anaemia

- Anemia is a problem of **not having enough healthy red blood cells or hemoglobin** to carry oxygen to the body's tissues.
 - **Hemoglobin** is a protein **found in red cells** that **carries oxygen from the lungs to all other organs** in the body.
- Having anemia can **cause tiredness, weakness, and shortness of breath.**
- There are **many forms** of anemia. **Each has its own cause.**
- **Some types** of anemia **are inherited**, but **people may also acquire** or develop the condition **during their lifetimes.**

- **WHO estimates** that **40% of children 6-59 months** of age, **37% of pregnant women**, and **30% of women 15-49 years** of age worldwide **are anaemic**.
- Anemia can be **short-term or long-term**. It can range from **mild to severe**.
- **Severe anemia can be life-threatening**. This condition **may also be a symptom of serious conditions like cancer**.
- A **common type** of anaemia **is iron-deficiency anaemia**, which is usually caused by not eating or absorbing enough iron, or by losing blood.
- **Treatments** for anemia might involve **taking supplements** or having **medical procedures**.
- **Eating a healthy diet** might prevent some forms of anemia.

Anaemia FAQs

Q1. What is the main reason for anaemia?

Ans. The main reason for anaemia is a lack of healthy red blood cells or hemoglobin in the blood.

Q2. Is anemia life threatening?

Ans. Yes, severe or untreated anemia can be life-threatening.

Q3. What is the main role of hemoglobin in the body?

Ans. Carry oxygen from the lungs to other organs.

Source: [BS](#)

Source: <https://vajiramandravi.com/current-affairs/anaemia/>

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