

Charaka and Sushruta

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Charaka and Sushruta Latest News

The Vice-President of India addressed a gathering during the unveiling of statues of Charaka and Sushruta at Raj Bhavan, Goa.

About Charaka and Charaka Samhita

- **Charaka**, a court physician during the **Kushan period**, is considered the **Father of Medicine** in India.
- He **revised the ancient Agnivesha Samhita** into what became the **Charaka Samhita**, a **foundational text of Ayurveda**.
- **Charaka Samhita** covers topics such as **physiology, diagnosis, prevention, and internal medicine**.
- The text is part of the **Bṛhat-Trayi (Great Trilogy)** of Ayurveda, alongside the **Sushruta Samhita** and **Ashtanga Hridaya**.
- The Charaka Samhita was later expanded by **Dṛḍhabala**, making it an **encyclopaedic treatise**.
- Charaka emphasised **ethics in medicine**, highlighting the importance of **physician conduct, diet, and preventive care**.

- It remained authoritative for over **two millennia**, and was **translated into Arabic, Latin, and other foreign languages**, showing its **global medical relevance**.

About Sushruta

- **Sushruta**, dating back to the **7th century BCE**, is revered as the **Father of Surgery** and possibly the **world's first documented surgeon**.
- He authored the **Sushruta Samhita**, which elaborates on over **300 surgical procedures, 120 surgical instruments**, and various types of **fractures and dislocations**.
- Innovations include **rhinoplasty (nasal reconstruction)**, **skin grafting**, **cataract surgery**, and **caesarean sections**.
- The Sushruta Samhita also integrates **anatomical knowledge**, surgical training, **patient care**, **hygiene**, and **scientific observation**.
- Sushruta's teachings display principles of **evidence-based medicine**, centuries before modern systems emerged.

Charaka and Sushruta FAQs

Q1: Who was Charaka?

Ans: Charaka was an ancient Indian physician known as the father of Indian medicine and the author of the Charaka Samhita, a foundational text of Ayurveda.

Q2: Who was Sushruta?

Ans: Sushruta was a pioneering surgeon of ancient India and author of the Sushruta Samhita, which laid the foundations of surgical practices in Ayurveda.

Source: **PIB**

Source: <https://vajiramandravi.com/current-affairs/charaka-and-sushruta/>

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