

Moringa

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Moringa Latest News

PKM1, a variety of Moringa oleifera, has had a global impact, especially in countries such as Senegal, Rwanda, and Madagascar on the African continent.

About Moringa

- It is known as the **“tree of life”** or **“miracle tree,”** and is classified as an important herbal plant.
- Its botanical name is Moringa oleifera, and it is native to India, which was introduced from India to Africa, Southeast Africa, and the Philippines in ancient times.
- **Required climatic conditions**
 - It requires **tropical and subtropical regions** and grows at a temperature of about 25–35 °C
 - It is a **deciduous type of tree** typically grown in tropical and subtropical regions across the globe
 - It grows best in indirect sunlight and without waterlogging, and the soil should be slightly acidic to alkaline.

- The tree begins to bear fruit at 6 to 8 months of age.
- **Distribution:** It is widely distributed worldwide, but its indigenous origin is in India, Arabia and the East Indies.
- It is common in Asia, Africa, the Caribbean, Latin America, the Pacific Islands, Florida, Madagascar, Central America, Cuba, the Philippines, Ethiopia, and Nigeria.

Benefits of Moringa

- With its **high nutritional values**, every part of the tree is suitable for either nutritional or commercial purposes.
- The **leaves are rich in minerals, vitamins** and other essential phytochemicals.
- Extracts from the leaves are used to treat malnutrition, augment breast milk in lactating mothers.

Moringa FAQs

Q1: Is moringa a leguminous evergreen tree?

Ans: The Moringa (drumstick tree) is a leguminous evergreen tree.

Q2: What is moringa called in India?

Ans: Indian common name of Moringa oleifera Hindi mungna, saijna, shajna.

Q3: What is the scientific name of moringa?

Ans: Moringa oleifera

Source: TH

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