

Seven Summits Challenge

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Seven Summits Challenge Latest News

Hyderabad teenager Vishwanath Karthikey Padakanti recently became the youngest Indian and the second youngest person in the world to complete the legendary 7 Summits challenge.

About Seven Summits Challenge

- The 'Seven Summits' is a challenge **first proposed and then completed by Richard Bass in 1985.**
- It consists of **climbing to the highest point on each of the seven continents**, including
 - **Kilimanjaro: Africa (5,892 m)**
 - **Elbrus: Europe (5,642 m)**
 - **Aconcagua: South America (6,962 m)**
 - **Denali: North America (6,194 m)**
 - **Kosciuszko: Australia (2,228 m)** or **Puncak Jaya/Carstensz Pyramid: Oceania (4,884 m)**
 - **Mount Vinson: Antarctica (4,892 m)**
 - **Mount Everest: Asia (8,848 m)**

- The Seven Summits challenge has **two options - the 'Bass' list or the 'Messner' list**.
 - The difference between the two lists is that **one includes the highest peak in Australia (Kosciuszko)**, while the **other includes the highest peak in Oceania/Australasia instead (Puncak Jaya in Indonesia)**, respectively.
 - Most will attempt the Bass list, while others will then push on to complete the Messner list too.

Seven Summits Challenge FAQs

Q1: What is the seven summit challenge?

Ans: It consists of climbing to the highest point on each of the seven continents.

Q2: What are the 7 summits of the world?

Ans: Everest (Asia), Elbrus (Europe), Aconcagua (South America), Denali (North America), Kilimanjaro (Africa), Mount Vinson (Antarctica) and Mount Puncak Jaya (Oceania).

Q3: Who was the first person to complete the original "Seven Summits" challenge?

Ans: Richard Bass

Source: TH

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