

## Gastroenteritis

October 18, 2025 • vajiramandravi.com



### Gastroenteritis Latest News

A recent study on the impact of the indigenous rotavirus vaccine in India found marked reductions in rotavirus-based gastroenteritis in sites across the country.

### About Gastroenteritis

- Gastroenteritis is an **inflammation of the lining of the stomach and intestines.**
- It is usually not serious in healthy people, but it can **sometimes lead to dehydration or cause severe symptoms.**
- **What causes gastroenteritis?** There can be many different causes of gastroenteritis:
  - Viruses
  - Bacteria
  - Parasites
  - Chemicals
  - Reactions to certain medicines and food

- **Viral gastroenteritis** is the **most common type**. It can be **caused by many different viruses, including noroviruses and rotaviruses**.
- **When gastroenteritis is caused by consuming foods or drinks** contaminated with viruses, bacteria, parasites, or chemicals, this is **called food poisoning**.
- The **viruses, bacteria, and parasites that cause gastroenteritis can also spread from person to person**.
- The **symptoms** of gastroenteritis include:
  - Diarrhea
  - Pain or cramping in your abdomen (belly)
  - Nausea
  - Vomiting
  - Sometimes fever
- **Treatment:**
  - **Usually, people with gastroenteritis get better on their own, with rest and plenty of fluids and electrolytes.**
  - Your provider may suggest that you take a **probiotic**.
  - Studies suggest that some probiotics may help shorten a case of diarrhea.
  - People with more severe symptoms may need medicines to control nausea or vomiting.
  - Providers may also give other medicines for certain types of gastroenteritis, such as **antibiotics for some bacterial types and antiparasitic medicines for some parasitic types**.

**Source: TH**

---

Source: <https://vajiramandravi.com/current-affairs/gastroenteritis/>

© Vajiram & Ravi. For personal use only.