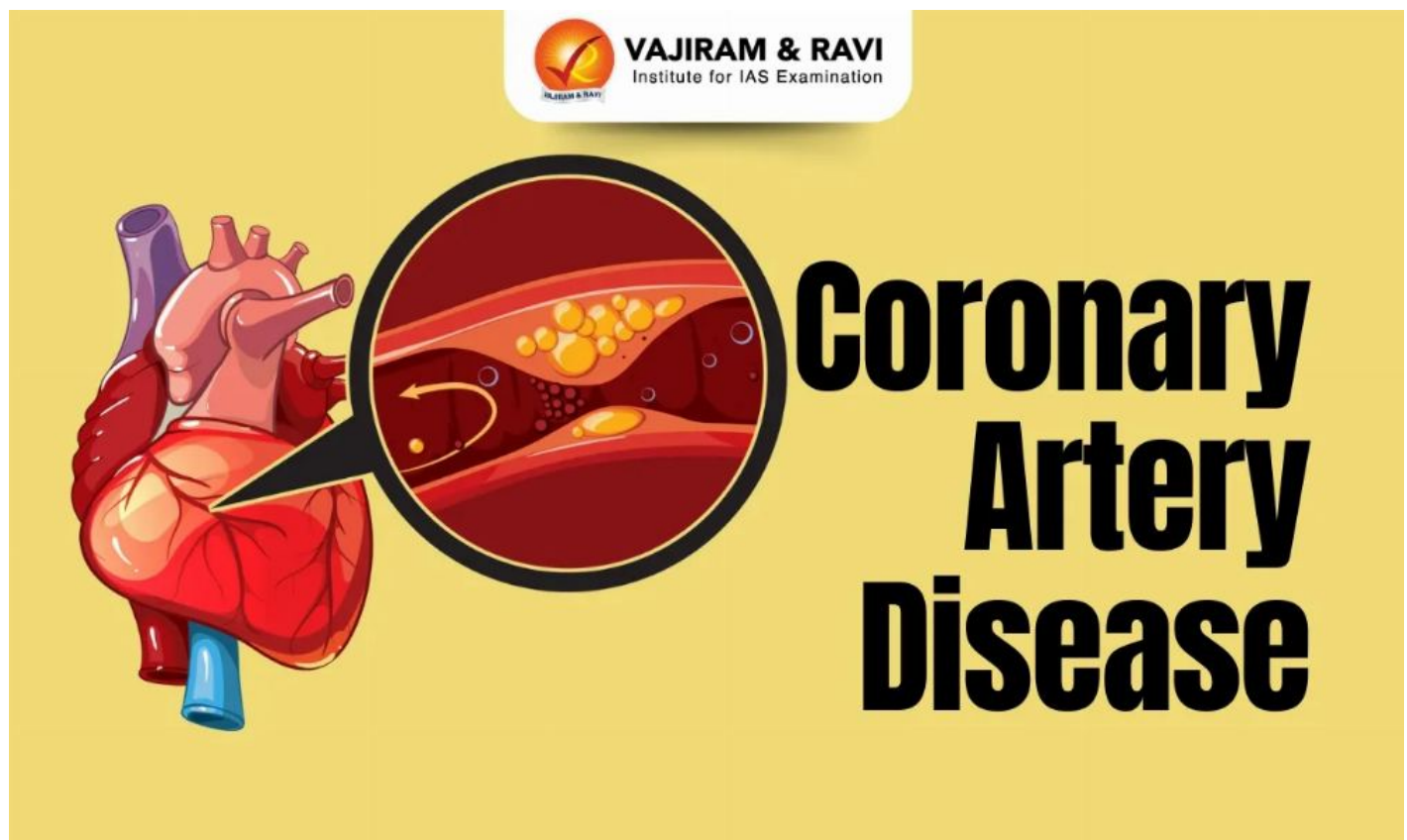


Coronary Artery Disease (CAD)

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Coronary Artery Disease Latest News

New research from Seoul scientists reveals how gut microbes may influence the development of coronary artery disease, the world's leading killer.

About Coronary Artery Disease

- It is a **common type of heart disease**. CAD also may be **called coronary heart disease**.
- It **affects** the main **blood vessels that supply blood to the heart**, called the **coronary arteries**.
- In CAD, there is **reduced blood flow to the heart muscle**.

What Causes Coronary Artery Disease?

- A **buildup of fats, cholesterol** and other **substances in and on the artery walls**, a **condition called atherosclerosis**, usually **causes CAD**.
- The **buildup, called plaque**, **makes the arteries narrow**.
- CAD often **develops over many years**.

Coronary Artery Disease Symptoms

- Symptoms are **from the lack of blood flow** to the heart.
- They may include **chest pain** and **shortness of breath**.
- A **complete blockage of blood flow** can **cause a heart attack**.
- **Common heart attack symptoms** include:
 - **Chest pain** that may feel like pressure, tightness, squeezing or aching.
 - **Pain or discomfort** that spreads to the shoulder, arm, back, neck, jaw, teeth or sometimes the upper belly.
 - **Cold sweats**.
 - **Fatigue**.
 - Heartburn.
 - Nausea.
 - Shortness of breath.
 - **Lightheadedness or sudden dizziness**.

Coronary Artery Disease Treatment

- Treatment for CAD may include **medicines and surgery**.
- **Eating a nutritious diet**, getting **regular exercise** and **not smoking** can **help prevent** CAD and the conditions that can cause it.

Source: **SCTD**

Source: <https://vajiramandravi.com/current-affairs/coronary-artery-disease-cad/>

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