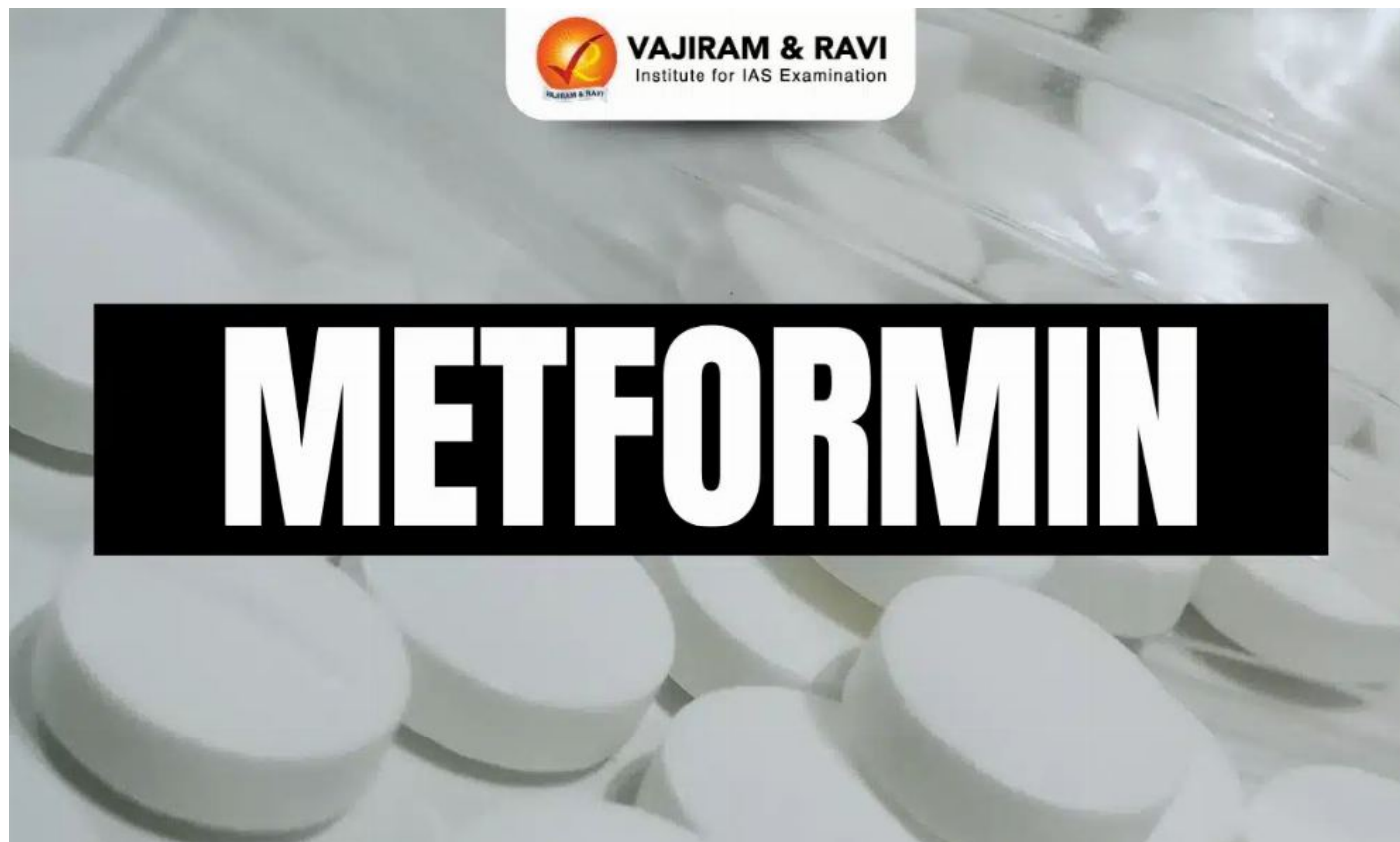


Metformin

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Metformin Latest News

Metformin may weaken the benefits of exercise, a new study suggests.

About Metformin

- Metformin (1,1-dimethylbiguanide hydrochloride) is an **anti-diabetic medication** (biguanide).
- It is commonly prescribed to **help manage type 2 diabetes**.
- Metformin works in a few different ways to **help keep your blood glucose (sugar) from getting too high**.
 - Metformin **decreases the amount of glucose your body absorbs** from things you eat and drink.
 - Metformin **reduces the amount of glucose that your liver makes**.
 - Metformin also **helps your body's own insulin to work better**. (Insulin is a hormone that helps your body use glucose as a source of energy.)
- It is the **most widely used glucose-lowering medication used around the world**.

- Metformin, **listed among the World Health Organization's essential medicines** since 2011, is **generally safe** but **may cause mild gastrointestinal upsets**, give a **metallic taste**, or, **rarely, may cause lactic acidosis** (a buildup of lactic acid in your blood) in kidney-impaired patients.

Source: MNT

Source: <https://vajiramandravi.com/current-affairs/metformin/>

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