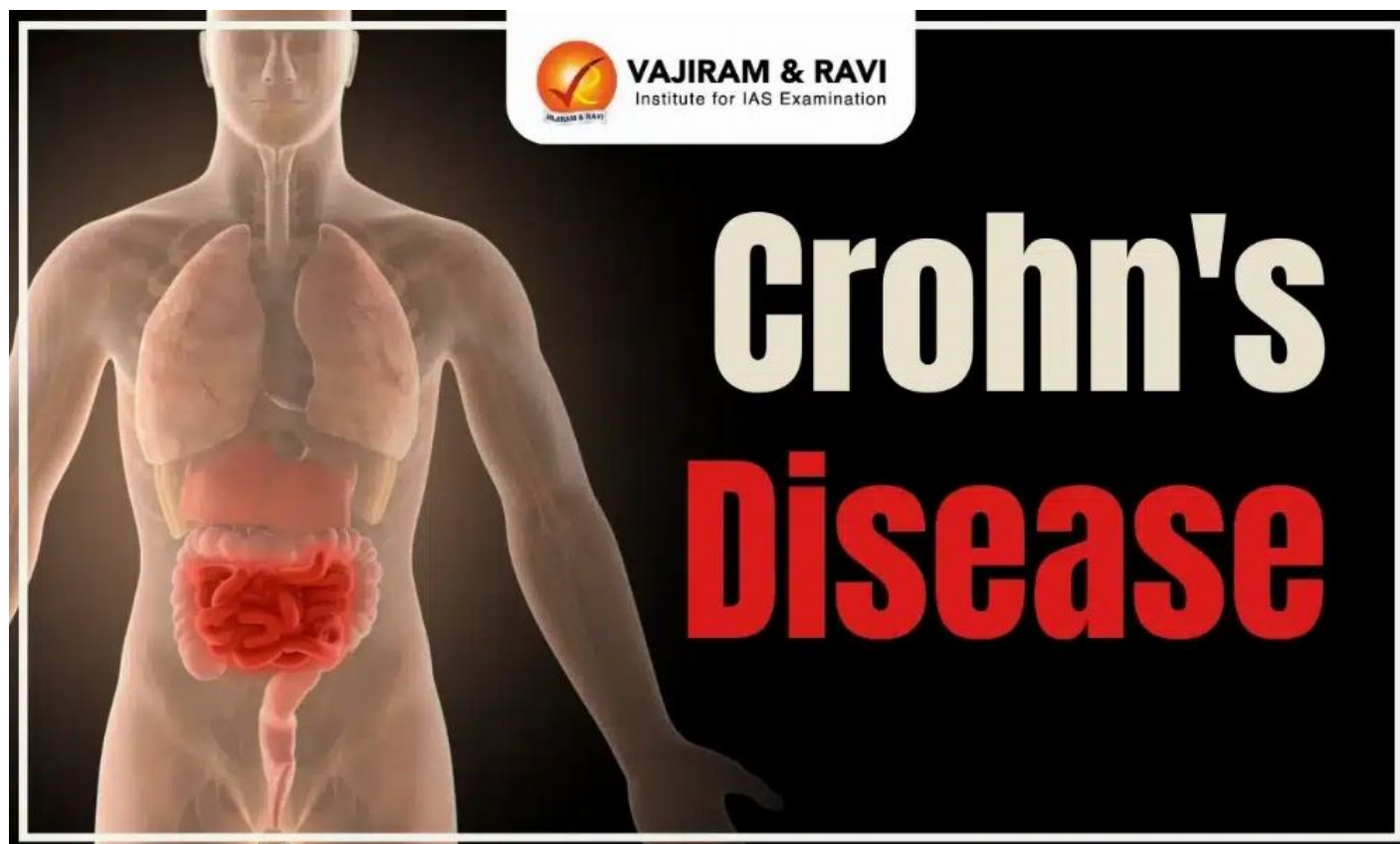


Crohn's Disease

June 16, 2026 • vajiramandravi.com



Crohn's Disease Latest News

A detailed cellular study of Crohn's disease recently mapped how gene activity changes across more than 50 cell types in the gut.

About Crohn's Disease

- It is a **chronic inflammatory bowel disease (IBD)** that causes swelling and irritation of the tissues, called **inflammation, in the digestive tract.**
- It can **affect any part of your digestive tract**, which runs from your mouth to your anus. But it **usually affects** the **end of the small intestine** and the **beginning of the large intestine.**
- The inflammation often **spreads into the deeper layers of the bowel.**
- Crohn's disease can be both **painful and debilitating.** Sometimes, it may lead to serious or **life-threatening complications.**

Crohn's Disease Causes

- **Experts aren't sure** what causes Crohn's disease but think **genes, abnormal immune reactions, and the microbiome** play a role.
- **People with a first-degree relative**, such as a parent, sibling, or child, are at **higher risk** to have the disease.
- Crohn's disease can develop at any age, but **usually** first appears in **people aged in their 20s and 30s**.
- It is more **common in people living in the Western world**, but it's also becoming more common in developing countries.

Crohn's Disease Symptoms

- The symptoms of Crohn's disease can vary, depending on where and how severe your inflammation is.
- The most **common symptoms** include:
 - **Diarrhea.**
 - Fever.
 - Fatigue.
 - **Belly pain and cramping.**
 - **Blood in the stool.**
 - Mouth sores.
 - Reduced appetite and weight loss.
 - Pain or drainage near or around the anus due to inflammation from a tunnel into the skin, called a fistula.
- These symptoms often **come and go in cycles, called flares and remission**.

Crohn's Disease Treatment

- Crohn's is a lifelong condition. There's **no known cure** for Crohn's disease.
- But **treatment** can **help you manage symptoms**, reduce inflammation, and live an active life.

News: NM

Source: <https://vajiramandravi.com/current-affairs/what-is-crohns-disease/>

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