

Sela Lake

January 20, 2026 • vajiramandravi.com



Sela Lake Latest News

Two tourists from Kerala drowned after the frozen surface of Sela Lake in Arunachal Pradesh's Tawang district gave way recently.

About Sela Lake

- Sela Lake, also known as **Paradise Lake**, is a **glacial lake** located **near Sela Pass in Tawang district, Arunachal Pradesh**.
 - **Sela Pass** is a crucial mountain pass **connecting the Tawang region with the rest of Arunachal Pradesh**.
- It lies at an **altitude** of 13,700 feet (**4,170 meters**) and is **surrounded by snow-clad mountains**.
- Its **crystal-clear waters** reflect the peaks around it, offering a stunning view.
- The lake is usually **frozen all winter** because of its very cold temperatures (below zero).
- The lake and its surroundings have **limited vegetation** because of the altitude.
- Locals and **Buddhist** monks **consider Sela Lake a sacred site**.

- It is **one of the 101 sacred lakes in the Tawang region**, each with its own spiritual story.

Source: TELE

Source: <https://vajiramandravi.com/current-affairs/sela-lake/>

© Vajiram & Ravi. For personal use only.