

Gurudongmar Lake

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Gurudongmar Lake Latest News

Tourism to the high-altitude Gurudongmar Lake in North Sikkim has begun to revive after more than two years of disruption following the devastating South Lhonak Lake GLOF, which severely damaged road infrastructure.

About Gurudongmar Lake

- It is located on the **northern-most edge of Sikkim**, very **close to the Chinese Tibetan border**.
- It is **one of the highest lakes in the world and in India**, located at an altitude of 17,800 ft (**5,430 m**).
- It is spread out over 290 acres and is **surrounded by snow-covered mountain ranges** all around.
- The lake is primarily **fed by glaciers** and is a **source stream for the Tso Lahmu Lake** that **later forms the source of the Teesta River**.
- It is **considered sacred by Buddhists, Sikhs, and Hindus**.
- The lake is **named after Guru Padmasambhava**—also known as **Guru Rinpoche**—**founder of Tibetan Buddhism**.
- **Guru Padmasambhava visited the lake in the 8th century** on the way back from Tibet.

- **Even in extreme winters, a part of this lake never freezes.**

- The myth behind this is that Guru Padmasambhava had once touched and consecrated this lake and made it partially frozen throughout the year.

Source: EM

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