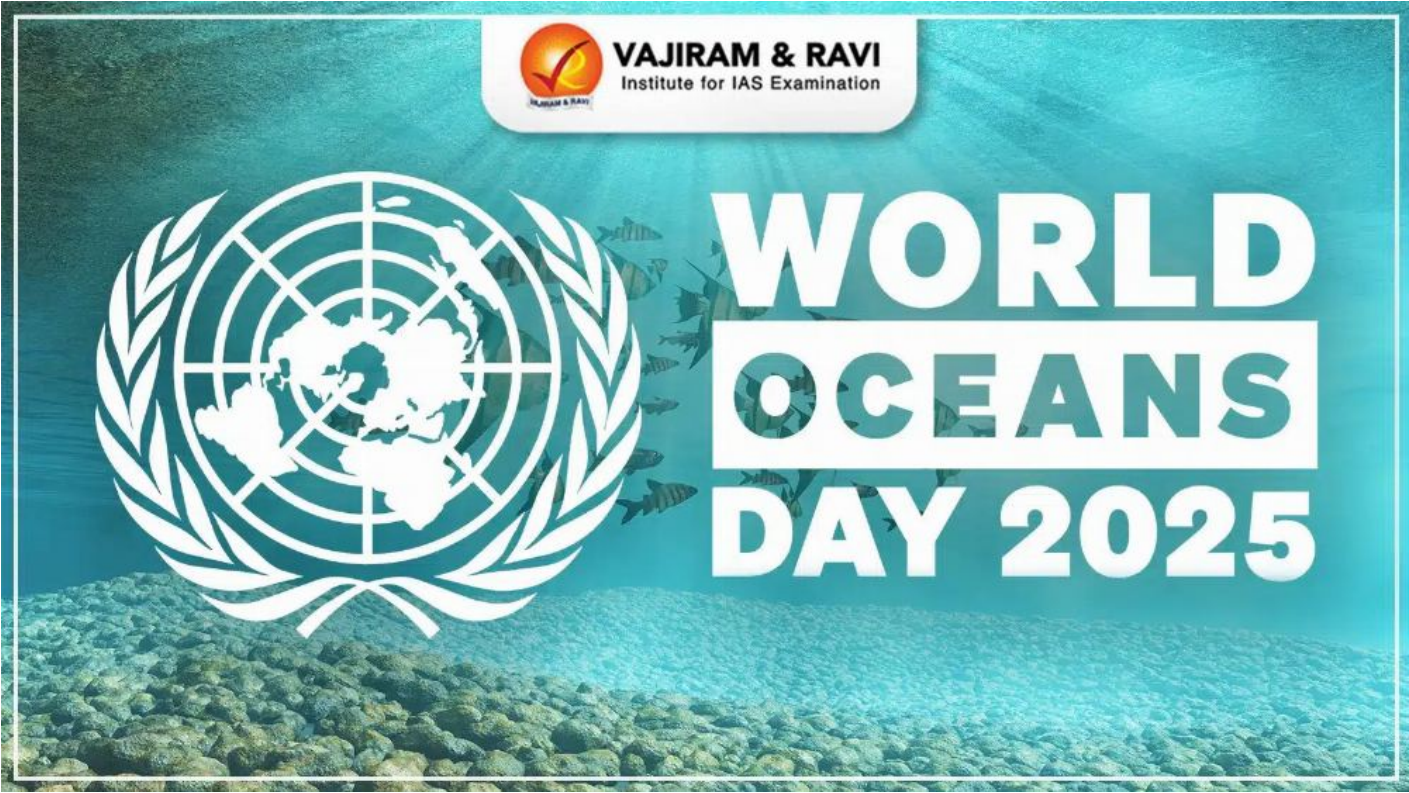


World Oceans Day 2025, Theme, History, Objective

June 6, 2025 • vajiramandravi.com



World Ocean Day 2025 is celebrated around the world on 8th June 2025. The day highlights the important role of oceans in sustaining life and facilities to protect them. Oceans cover about 70% of the Earth’s surface and produce oxygen, acting as the life support on the planet. The day reminds us about our responsibility to protect and safeguard the water bodies.

World Oceans Day 2025

The world celebrates World Ocean Day 2025, on 8th June 2025 every year. The initiative aims to protect and restore the world’s oceans by spreading awareness about the need for ocean conservation. Through a range of activities including educational campaigns, policy dialogues, and community-led efforts, the day aims to raise awareness about the urgent need for ocean conservation. World Oceans Day 2025 serves as a powerful reminder that protecting our oceans is not merely an environmental issue but a collective responsibility vital to global sustainability.

World Oceans Day 2025 Overview	
Event Name	World Oceans Day 2025

Date	June 8, 2025
Day	Sunday
Theme	Sustainable Fishing Means More...
Global Coordination By	World Ocean Day Youth Advisory Council & Partners
First Official UN Recognition	2008
Main Objective	Raise awareness and catalyse action for ocean protection
Key Focus	Ocean health, sustainable fishing, marine biodiversity, and climate action
Special Event	Opening of the UN Ocean Conference in Nice, France (June 9–13, 2025)
Associated Campaign	30×30 Goal — Protect 30% of the ocean & land by 2030
Supporting Network	2,000+ organisations in over 180 countries

World Oceans Day History

World Ocean Day was first pitched in 1992 at the Earth Summit in Rio de Janeiro by Canada’s International Centre for Ocean Development and the Ocean Institute of Canada. However , the day was officially recognised in 2008 by the United Nations. Since 2008, World Ocean Day has been celebrated all over the globe with the aim of making people realise the importance of ocean conservation, its benefit and human dependence on oceans.

World Oceans Day 2025 Theme

The World Ocean Day 2025 theme “Sustainable Fishing Means More” focuses on the significant role of opting for sustainable fishing and its role in ocean conservation. A population of over 3 billion people is dependent on seafood as a primary source of protein and 10% of world population livelihood depends on fishing. By adopting sustainable fishing, marine ecosystems stay productive as well as resilient.

Why World Oceans Day is Celebrated

World Ocean Day is celebrated for the following reasons:

- Over 50% of oxygen we breathe comes from oceans.

- Oceans help regulate climate and feed billions of people.
- It provides shelter to about 80% of the planet's biodiversity.
- World Ocean day acts as a reminder that collective responsibility and sustainable practices are always required.

World Ocean Week 2025

Building on the momentum of World Oceans Day, World Ocean Week 2025 will be observed from June 8 to June 14, providing a week-long opportunity to engage in awareness campaigns, coastal cleanups, educational webinars, and sustainable ocean advocacy. This extended celebration deepens engagement and helps drive long-term change.

Five Oceans of the World

The world oceans have been divided into five categories:

1. Pacific Ocean – Is spread across Asia and Americas and home to Mariana Trench, the Earth's deepest point.
2. Atlantic Ocean – Atlantic Ocean, the second largest ocean, connects Europe, Americas, playing an important role in climate and world commerce.
3. The Indian Ocean – lies between Africa, Asia and Australia and is known for its monsoon and warm waters.
4. Arctic Ocean – Surrounds the north pole and is the shallowest and smallest ocean.
5. Southern Ocean – Encircling Antarctica, it plays a critical role in driving global ocean currents and is now officially recognised by the International Hydrographic Organisation.

These five oceans collectively regulate climate, transport heat via ocean currents, and support countless marine ecosystems.

Source: <https://vajiramandravi.com/upsc-exam/world-oceans-day/>

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